



**SUCCESS STAR SEMINAR!!**  
*with Liah Kraft-Kristaine*

**FOLLOW YOUR DREAMS!**

**How to DISCOVER what you really want & MAKE it happen!**

*1. What dreams you've had for your life are any of the following categories:*

- On hold?
- Delayed?
- Crushed?
- Feel impossible now?

*2. Underline the dreams above that are still calling to you.*

*3. Imagine that it's ten years from today. You have...*

*a. Given yourself \_\_\_\_\_ to be \_\_\_\_\_ you can be;*

*b. \_\_\_\_\_ in yourself;*

*c. Taken the appropriate \_\_\_\_\_ to follow your \_\_\_\_\_ path.*

*A. How do you FEEL about \_\_\_\_\_ and \_\_\_\_\_? Make up a fantasy about the \_\_\_\_\_ of your last ten years.*

*B. Now imagine the same ten-year period.*

*Imagine that you did not give yourself \_\_\_\_\_ to follow your \_\_\_\_\_; you did not \_\_\_\_\_ in yourself; you did not take the appropriate \_\_\_\_\_. How do you FEEL?*

*C. Which path is \_\_\_\_\_ to \_\_\_\_\_ emotionally?*

***4. Create an Image:***

Activities  
Time  
Pace  
People  
Environment

***5. Your Dream's Symbol:***

***6. Perceived Barriers***

***7. Self-Belief***

***8. Goals:***

*Beginning*

*Intermediate*

*Advanced*

***9. Action Steps***

***10. Your Driver Affirmations***